

CASE STUDY

Fractured Wrist

Injury

A 41 year old male, employed as a Data Collector slipped on a wet surface and fractured his left wrist, during working hours.

Rehabilitation

Chartis MR was notified by the employer and our Medical Case Manager gained the appropriate consent from the individual to access his medical records and liaise with the individual's GP. After seeking treatment recommendations from the NHS Consultant, we were informed that the individual required an arthroscopy of the wrist and a possible repair.

The Medical Case Manager secured funding from the appropriate party for this treatment and organised the same. This treatment was performed privately, which reduced the waiting time. This was followed by a follow-up appointment, and as a result, physiotherapy.

The Medical Case Manager liaised closely with the employer to gain information regarding the demands of the individual's role. We ascertained that the individual would be required to carry a hand-held unit of 700g and use this equipment up to three hundred times a day.

The individual was keen to return to work, although the employer was anxious about whether they were fit to perform the physical demands of the post and therefore offered a part time, graduated programme. The Medical Case Manager sought medical recommendations which were specific to the client's role and the conditions offered by the employer.

Our Medical Case Manager obtained a medical validation of suitability, which stated that the individual could return to work and perform the duties which had been described in the initial graduated plan. The individual returned to work and gradually increased his working hours and confidence.

We continued to liaise with the employer to monitor the progress, to ensure that the individual continued to serve the needs of the employer. We regularly contacted the individual to ensure that all was well too.

The Benefits

This case represents an example of how we can positively contribute to the recovery process by considering both the medical needs of **THE EMPLOYEE** and the business needs of **THE EMPLOYER**. **THE EMPLOYEE** explained to the Medical Case Manager that the care and support he had received from his employer and Chartis Medical & Rehabilitation Ltd had made an enormous difference to his recovery and outlook.

By balancing these needs, and being mindful of the physical demands of the client's role, we were able to accelerate recovery by organising treatment privately and obtaining medical recommendations, which were specific to the individual's role.

Contact Us

For further details about Chartis MR's services, contact us via the offices listed below.

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